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**8th FRCS (JCIE / JSCFE)
General Surgery Section 2 Course**



Accredited by
**THE ROYAL
COLLEGE OF
SURGEONS
OF EDINBURGH**

JCIE February 2025 Exam and JSCFE 2025 Exam

Suitable for Section 1 candidates as observers

Duration : 3 Months (20th October 2024 – 19th January 2025)

Model : Virtual



What You Can Expect

Welcome to the 8th edition of our unique FRCS (JCIE/JSCFE) General Surgery Section 2 course. This isn't just another standard course; it's an exclusive, focused three-month mentorship program that stands out as the only one of its kind for candidates preparing for the Section 2 FRCS exams. After seven successful editions, we've refined our approach to offer an even more comprehensive experience.

Our program covers all the essentials: in-depth knowledge areas, viva techniques, effective time management strategies, and real-life mock exams. We're committed to ensuring that our candidates are not just prepared, but exceptionally so, instilling confidence and ease in approaching the exam.

Praised for its depth, organisation, and the remarkable success rate of past attendees, our program is a testament to top-notch quality. As a further mark of excellence, this course is accredited by the Royal College of Surgeons of Edinburgh, ensuring that you're receiving a level of education recognised for its high standards.

Join us for a transformative journey towards achieving success in your Section 2 FRCS exams.



Who Is It For

- Specifically designed for candidates preparing for the February 2025 FRCS Section 2 exams
- Ideal for International FRCS General Surgery candidates targeting Section 2 exams
- Section 1 candidates are also welcome as observers, providing them an excellent opportunity to build foundational knowledge crucial for their exams



Faculty Team



Mr Manikandan Kathirvel

MBBS, MS, MRCS, M.Ch (GI), FRCS
Program Director
Consultant - General, HPB and
Liver Transplant Surgeon



Mr Mina Girgis

Consultant Breast Surgeon
Associate Program Director, PrepMedico



Mr Akshay Bavikatte

MBBS, MS, MCh, FRCSEd,
SLP fellow Harvard
Colorectal Surgeon



Mr Manoj Thillai

MBBS, MS, MRCS, M.Ch (GI), FRCS
Consultant Liver Transplant Surgeon



Mr Natarajan Angamuthu

MBBS, DNB, M.N.A.M.S,
FRCS(Glasgow), MBA, FRCS
Consultant Colorectal Surgeon



Mr Guhan Venkatakrishnan

MBBS, MS, MRCS, M.Ch(GI), FRCS
Consultant - General, HPB and Liver
Transplant Surgeon



Ms Lisa A. Sheehan

MBBS, BSc (Hons), FRCS
Breast Surgeon & TiG oncoplastic
Breast Surgery fellow



Mr Karim Elsayeh

MBBCh, MSc, MRCS, FRCS
Consultant Colorectal Surgeon



Mr Murali Somasundaram

BSc, MBBS, MRCS, DPhil, FRCS
Consultant - General and HPB Surgeon



Mr Saravanan Balakrishnan

MBBS, DNB, MRCS, FRCS and
PG Diploma in Medical Education
Colorectal Surgeon



Mr Sharib Khan

MBBS, MRCS, PGCERT, FRCS
Upper GI Surgeon



Mr Mario Metry

MBBCh, MRCS, FRCS
Consultant Colorectal Surgeon



Mr Ambareesh Samant

MBBS, DNB, MNAMS, FRCSEd
Colorectal Surgeon



Mr Mohamed Salama

MBBCh, MRCS, MSc, FRCS
UGI Surgeon



Mr Mohammed Elnaghi

MSc, ChM (General Surgery), FRCS
Colorectal Surgeon



Mr Rashid Murtaza

MS, FRCS
Colorectal Surgeon



Mr Firas Ayoub

MBBS, MRCS, MCh, MSc, FRCS
ST8 Colorectal Surgery



Mr Mazin Hamed

MBBS, AFHEA, MFSTEd, PhD, FRCS
S18 Colorectal Surgery



Mr Karim Jamal

MBBS, BSc (Hons), FRCS (Eng), PGDip
Consultant General and Endocrine Surgeon



Ms Rachel B Taute

BChD, MBChB, MFDS, MRCS, FRCS
UGI Surgeon



Mr Salman Rana

FRCS
Consultant Colorectal Surgeon



Mr Benedict Phillips

MBBS, MRCS, HSMDip, MChsS, FRCS
ST8 Transplant Surgery



Mr Mohamed Albagir

MBBS, MRCS, HSMDip, MChsS, FRCS
UGI Surgeon



Mr Iskandar Rakhimov

MSC, FRCS
ST8 Colorectal Surgery



Mr Alaa Abdelsalem

FRCS
Endocrine Surgeon

Why Should You Choose A PrepMedico Course ?

At PrepMedico, we pride ourselves on our accomplished faculty team, which has cultivated a standard of excellence across various specialties in recent years. Their profound expertise, unwavering commitment, and exceptional mentoring abilities are noteworthy. Our team's track record of consistently high success rates in prior courses speaks to our educational quality. Furthermore, the course has received official recognition from the Royal College of Surgeons of Edinburgh, enabling participants to accrue CPD points proportionate to their participation hours.

Our course framework and curriculum are meticulously designed, ranking among the most thorough and thoughtfully structured offerings for FRCS exam candidates. Our approach is straightforward yet flexible, specifically adapted to empower each candidate to navigate their exams with confidence and ease.

The PrepMedico FRCS program is distinguished by its adaptable, learner-centric methodology. We address the unique needs of each candidate through ongoing support, bespoke additional teaching sessions as required, and individualised feedback and mentorship. This is complemented by our live chat group, which is operational throughout the course duration for doubt resolution.

Our state-of-the-art Learning Management System (LMS) offers a seamless web and mobile app-based interface, featuring a comprehensive virtual library with key resources and video recordings of all lectures. This ensures that candidates have unfettered access to essential study materials and session replays for the entire duration of the course, facilitating convenient revision.

PrepMedico's FRCS course is unparalleled in its breadth, offering in excess of 10 hours of instruction and viva practice in each specialty, all available for review anytime, anywhere.

In addition, our course features bespoke one-to-one mock viva sessions meticulously designed to mirror the actual exam format and evaluation criteria, complete with detailed feedback.





The Benefits

- Faculty for each speciality
- Weekly schedules with convenient weekend sessions
- Small groups: Maximum of 10 candidates per session
- Live online sessions and access to session recordings via our LMS and PrepMedico App
- Extensive specialty-based online library through our LMS
- Viva session-based teaching methodology
- Rapid review lectures for comprehensive topic revision
- In-depth viva practice in general and subspecialty surgery, critical care, and academics with detailed feedback
- Personalised performance monitoring and one-on-one feedback
- Additional 1-1 sessions as per candidate and mentor availability, if needed
- Private study groups with faculty for the entire 3-month period
- Mock exams mirroring actual exam schedules and marking
- CPD points awarded based on hours of participation
- 24/7 IT support

The Schedule

Speciality Based Weekend Viva Sessions

Date	Event	Timings(BST)	CPD
Oct 20, 2024	Orientation	1800 - 2000	-
Oct 26 & 27, 2024	General Surgery	1800 - 2100	6
Nov 2 & 3, 2024	Critical Care & Trauma and Emergency Surgery	1800 - 2100	6
Nov 9 & 10, 2024	Breast Surgery	1800 - 2100	6
Nov 16 & 17, 2024	UGI Surgery	1800 - 2100	6
Nov 23 & 24, 2024	Academic and Statistics	1800 - 2100	6
Nov 30 & Dec 1, 2024	HPB Surgery	1800 - 2100	6
Dec 7 & 8, 2024	Transplant and Vascular	1800 - 2100	6
Dec 14 & 15, 2024	Colorectal Surgery	1600 - 2100	8
Jan 4, 2025	Endocrine Surgery	1700 - 2100	4
Jan 5, 2025	Mock Viva	0930 - 2140	-
Jan 11 & 12, 2025	Mock Viva	0930 - 2140	-
Jan 18 & 19, 2025	Mock Viva	0930 - 2140	-

Platform: Google Meet or similar

Note:

The weekends covering the specialties will have additional 3-hour sessions on both Saturdays and Sundays for specialty trainees of those specialties. The evening sessions are for non-specialty trainees of the concerned specialty. CPD points will be awarded equal to the number of hours covered in each session.

The schedule is subject to changes based on the availability of the faculty and other logistics.

Active full attendance and completion of the individual session feedback are mandatory to issue the CPD points.

Rapid Review Lecture Schedule

(The schedule takes place midweek on Tuesday/Thursday)

Week	Topic	Time (BST)	CPD
1	Critical care & Emergency	1800	3
2	Trauma Surgery	1800	2
3	Breast Surgery - I	1800	3
3	Breast Surgery - II	1800	3
4	Oesophago Gastric Surgery	1800	3
5	Statistics & Academic paper Interpretation	1800	3
6	HPB Surgery - I	1800	3
6	HPB Surgery - II	1800	3
7	Transplant & Vascular	1800	3
8	Colorectal Surgery(Pelvic floor & Benign)	1800	4
8	Colorectal Surgery(IBD & Cancer)	1800	4
9	Endocrine Surgery	1800	3
9	Radiology for FRCS - I	1800	3
9	Radiology for FRCS - II	1800	3

Note:

The schedule is subject to changes based on the availability of the faculty and other logistics.

Active full attendance and completion of the individual session feedback are mandatory to issue the CPD points.

1-1 Mock Viva Schedule For Each Candidate

(Mock viva replicating the real exams with markings and feedback)

Topics	Duration
General Surgery (1 Long case + 2 short cases)	40 mins
Trauma and Critical Care (6 Short cases)	30 mins
Academic Paper and Basic Science	30 mins
Specialised Surgery (1 long case and 2 short cases)	40 mins

Course duration: 20/10/2024 to 19/01/2025

Registration: 15/08/2024 onwards

Standard Course Registration 15th Aug, 2024 onwards

Course	Participant	Observer
8th FRCS course without lectures {Includes only weekend viva + Viva recordings + digital library access}	£1,300	£850
8th FRCS course with lectures {Includes weekend viva + viva recordings + 14 rapid review lectures + lecture recordings + digital library access}	£1,700	£1,250

Note: All the quoted prices in the table include payment gateway charges and appropriate taxes.

Observer Vs Participant

Course	Participant	Observer
Active viva participation	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Telegram academic study group access	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Access to digital library and session recordings	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mock exams	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Observing live sessions	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Total spots: 32 participants and 30 observers

Don't need a full course bundle? Here's what you can register for

Registration for individual lectures (No access to the recordings)	£70 per lecture
Registration for a weekend session (Saturday and Sunday) Participant (No access to the recordings)	£200
Registration for a weekend session (Saturday and Sunday) Observer (No access to the recordings)	£120
Registration for full mock exam alone	£200
Registration for e-library subscription (for 3 months) (Digital library + Viva recordings)	£499
Registration for e-library subscription (for 3 months) (Digital library + Viva recordings + Lecture recordings)	£899
Registration for e-library subscription (for 3 months) (Lecture recordings)	£499

Total cumulative hours spent on viva and teaching
in the 7th FRCS (JCIE/JSCFE) Section 2 course
from 9th June 2024 – 25th August 2024

Topics	Duration(Hrs)
General Surgery	22:05
Critical Care, Trauma and Emergency	24:18
Breast Surgery	21:09
UGI surgery	17:12
Academic paper Interpretation	15:05
HPB Surgery	18:10
Transplant Surgery	17:00
Vascular Surgery	08:50
Endocrine Surgery	04:00
Colorectal Surgery	47:12
Rapid Review Lectures	48:47
Mock Viva	96:00

What They Say

Feedback from candidates of 7th FRCS Section
(JCIE/JSCFE) Section 2 exam courses.

Marta D'Auria

Participant of 7th FRCS Section 2 exam

"Complex scenarios and difficult-to-interpret scans - were useful to practice answering in an unfamiliar scenario."

Vibeesh Narayan

Participant of 7th FRCS Section 2 exam

"Excellent lecture with examples to interpret confusing statistical definitions."

Ann Ogbemudia

Participant of 7th FRCS Section 2 exam

"Wow! Mina Girgis is an exceptional teacher. He explains the concepts and principles behind things and this solidifies my understanding immediately. He himself is breast surgery his knowledge is amazing and his passion is infectious. Looking forward to the rest of the week and I am not a breast trainee! Breast was my lowest score in part A I wish I met Mina Girgis before."

Muhammad Ajmal Khan

Participant of 7th FRCS Section 2 exam

"Rashid explained and presented in a very simplified and understandable way, those topics which were dreadful."

Melvin Joy

Participant of 7th FRCS Section 2 exam

"All the faculty were good Mr Samant and Mr Rana in particular are excellent."

Sreekrishna Kumar

Ambalaparambil

Participant of 7th FRCS Section 2 exam

"Concise and systematic with effective delivery of the lecture so that it was easily understandable for a non-specialist also."

Walid Ibrahim

Participant of 7th FRCS Section 2 exam

"Mohamed Salama has a very good knowledge and he is delivering information smartly. His lecture is very well prepared and presented."

More testimonials on  [Youtube.com/@PrepMedico/playlists](https://www.youtube.com/@PrepMedico/playlists)

What They Say

Feedback from candidates of our previous FRCS
Section (JCIE/JSCFE) Section 2 exam courses.

Saira

Participant of 6th FRCS Section 2 exam

"Scenarios were very interesting and appeared more realistic for the exam. Adding complexity to scenario was very good."

Wiaam Mohamedahmed

Participant of 6th FRCS Section 2 exam

"One of best lectures in my life not just the depth but the simplicity also."

Muhammad Raheel

Participant of 6th FRCS Section 2 exam

"Mr Karim was very patient, updated me so many wrong old concepts regarding, frozen sections, methylene blue, follow-ups, transplant 1/3rd of gland etc. so much good new information today we had. Mr Mani like always 10/10 precise to the point focused exam oriented lecture and answered all the queries as well. Very good session."

Nollaig O'Donohoe

Participant of 6th FRCS Section 2 exam

"Loved the use of the virtual whiteboard I did a virtual ISC Medical Train the Trainers course this year that had loads of virtual teaching tips, like the whiteboard."

Mohammed Khalifa

Participant of 6th FRCS Section 2 exam

"I liked how different topics were covered, Rashid was great."

Mohamed Alfatih Hamza

Participant of 5th FRCS Section 2 exam

"I liked every single aspect of the module. TBH, it was really excellent and to the point."

Mostafa Abdelmaksoud

Participant of 6th FRCS Section 2 exam

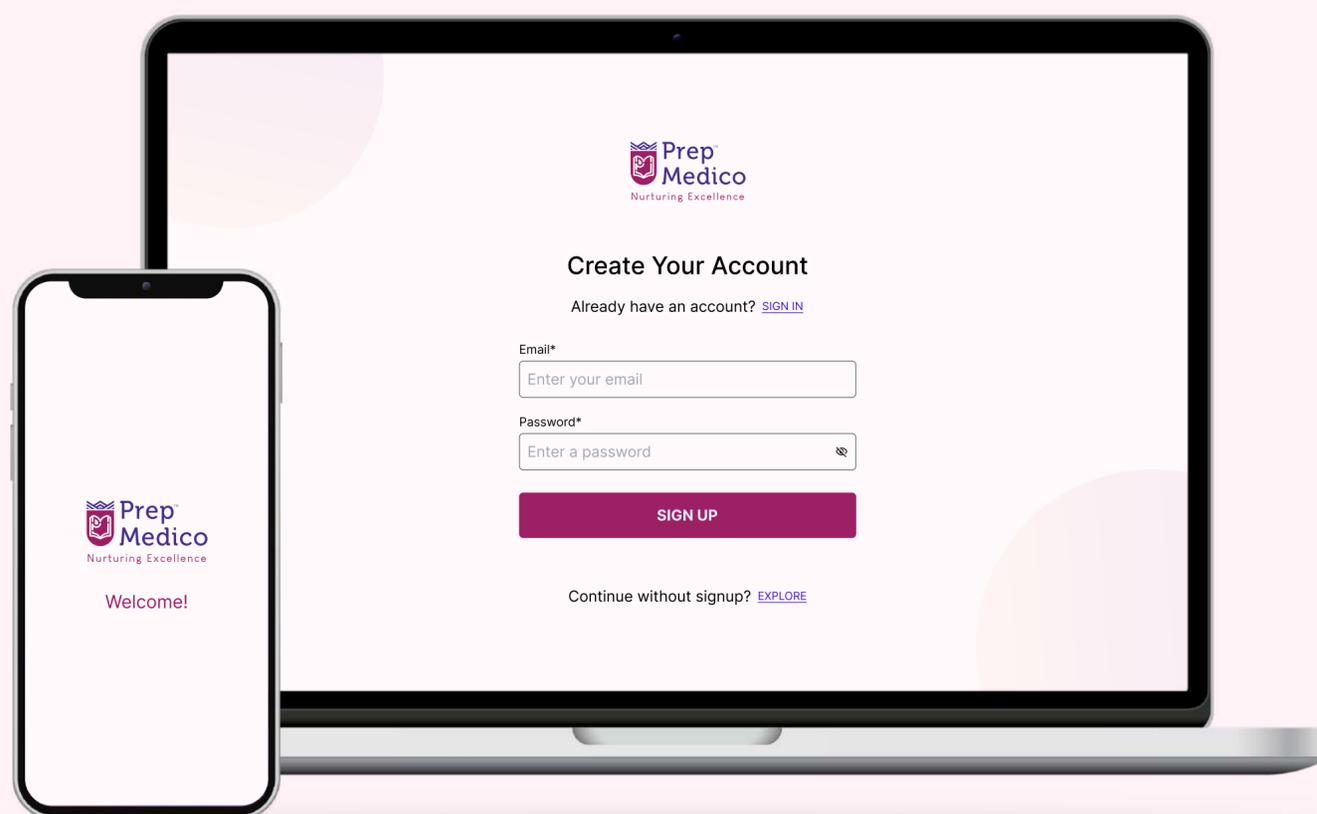
"Thanks Mani for making session interesting and super informative. Fruitful information with wonderful presentation."

More testimonials on  [Youtube.com/@PrepMedico/playlists](https://www.youtube.com/@PrepMedico/playlists)

Introducing our exclusive LMS for FRCS exam preparation

Our LMS offers a flexible, immersive educational experience, enabling candidates to access resources anytime, anywhere, and learn at their own pace.

Get access to 250+ hrs of course recordings, video lectures, quizzes, study materials, and more.





General Instructions

- The camera should be 'on' in most instances during teaching sessions to keep the session engaging and lively
- Candidates should use their registered names as their profile names when joining the meeting
- CPD points will be provided based on your attendance and active participation in the weekly sessions
- CPD points will be awarded only after receiving completed feedback forms after each session
- Revise critical points in history, staging/classification, and management as appropriate before the weekend session
- Be proactive and conscious of your allocated time, so that everyone gets a fair chance
- Our LMS academic contents and video recordings are copyright protected and under constant surveillance. Any attempt of screenshot and screen recordings will be identified and the access will be revoked without prior intimation



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