



**Prep[™]
Medico**
Nurturing Excellence



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11th FRCS (JCIE / JSCFE) General Surgery Section 2 Course



Accredited by
**THE ROYAL
COLLEGE OF
SURGEONS
OF EDINBURGH**

JCIE Feb 2026 and JSCFE Nov 2026 Section 2 exams

Suitable for Section 1 candidates as observers

Duration: 3 Months (25 October 2025 – 25 January 2026)

Model: Virtual



What You Can Expect

Welcome to the 11th edition of our unique FRCS (JCIE/JSCFE) General Surgery Section 2 course. This isn't just another standard course; it's an exclusive, focused three-month mentorship program that stands out as the only one of its kind for candidates preparing for the Section 2 FRCS exams. After ten successful editions, we've refined our approach to offer an even more comprehensive experience.

Our program covers all the essentials: in-depth knowledge areas, viva techniques, effective time management strategies, and real-life mock exams. We're committed to ensuring that our candidates are not just prepared, but exceptionally so, instilling confidence and ease in approaching the exam.

Praised for its depth, organisation, and the remarkable success rate of past attendees, our program is a testament to top-notch quality. As a further mark of excellence, this course is accredited by the Royal College of Surgeons of Edinburgh, ensuring that you're receiving a level of education recognised for its high standards.

Join us for a transformative journey towards achieving success in your Section 2 FRCS exams.

Who Is It For

- Specifically designed for candidates preparing for the JCIE Feb 2026 and JSCFE Nov 2026 Section 2 exams
- Ideal for International FRCS General Surgery candidates targeting Section 2 exams
- Section 1 candidates are also welcome as observers, providing them an excellent opportunity to build foundational knowledge crucial for their exams



Faculty Team



Mr Manikandan Kathirvel

MBBS, MS, MRCS, M.Ch (GI), FRCS
Program Director
Consultant - General, HPB and
Transplant Surgeon



Mr Mina Girgis

Consultant Breast Surgeon
Associate Program Director, PrepMedico



Mr Akshay Bavikatte

MBBS, MS, MCh, FRCSEd,
SLP fellow Harvard
Consultant Colorectal Surgeon



Mr Manoj Thillai

MBBS, MS, MRCS, M.Ch (GI), FRCS
Consultant Liver Transplant Surgeon



Mr Natarajan Angamuthu

MBBS, DNB, M.N.A.M.S,
FRCS(Glasgow), MBA, FRCS
Consultant Colorectal Surgeon



Mr Guhan Venkatakrishnan

MBBS, MS, MRCS, M.Ch(GI), FRCS
Consultant - General, HPB and Liver
Transplant Surgeon



Mr Murali Somasundaram

BSc, MBBS, MRCS, DPhil, FRCS
Consultant - General and HPB Surgeon



Mr Saravanan Balakrishnan

MBBS, DNB, MRCS, FRCS and
PG Diploma in Medical Education
Colorectal Surgeon



Ms. Mahua Chakrabarti

BSc(Med Sci) MBChB (Glasgow University)
FRCS, PG Cert Med Ed
Consultant General and colorectal surgeon,



Mr Sharib Khan

MBBS, MRCS, PGCERT, FRCS
Consultant Upper GI Surgeon



Mr Mario Metry

MBBCH, MRCS, FRCS
Consultant Colorectal Surgeon



Mr Ambareesh Samant

MBBS, DNB, MNAMS, FRCSEd
Colorectal Surgeon



Mr Mohamed Salama

MBBCH, MRCS, MSC, FRCS
Consultant UGI and Bariatric Surgeon



Mr Rashid Murtaza

MS, FRCS
Colorectal Surgeon



Mr Firas Ayoub

MBBS, MRCS, MCh, MSC, FRCS
Post CCT Fellow Colorectal Surgery



Mr Mazin Hamed

MBBS, AFHEA, MFSTEd, PhD, FRCS
Consultant Colorectal Surgeon



Mr Gnananandan Janakan

Consultant,Trauma and Colorectal Surgeon



Mr Salman Rana

FRCS
Consultant Colorectal Surgeon



Mr Benedict Phillips

MBBS, MRCS, HSMDip, MChsS, FRCS
Consultant Transplant Surgeon



Mr Mohamed Albagir

MBBS, MRCS, HSMDip, MChSS, FRCS
UGI Surgeon



Ms Pam Chaichanavichkij

MBChB PhD FRCS
Consultant General and Colorectal Surgeon



Mr Alaa Abdelsalem

FRCS
Endocrine Surgeon



Mr Manish Ahuja

MBBS, DNB, FACS, FRCS
Senior Clinical fellow- HPB Surgery



Mr Ioannis Tournas

FRCS
Senior fellow - UGI and Bariatric Surgery



Ms Rachel B Taute

BChD, MBChB, MFDS, MRCS, FRCS
UGI Surgeon



Mr Majd Alobied

FRCS, PhD
Senior clinical fellow - HPB Surgery



Ms Nazia Ishaque

MBBS , FCPS, FACS, FRCS, FEBS ,MCh.
Breast Surgeon



Ms. Hafsa Younus

MBBS, MRCS, MSc, FRCS
ST8 Post CCT Fellow (UGI and Bariatrics)



Mr. Deepak Vijayan

Post CCT Clinical Fellow in
Intestinal Failure and AWR Salford
Royal Hospital Manchester



Mr Mohit Bhatia

MBBS, MS (Gen Surg),
MRCS (Glasg), FRCS (Eng)
Colorectal Surgeon

Why Should You Choose A PrepMedico Course ?

At PrepMedico, we pride ourselves on our accomplished faculty team, which has cultivated a standard of excellence across various specialties in recent years. Their profound expertise, unwavering commitment, and exceptional mentoring abilities are noteworthy. Our team's track record of consistently high success rates in prior courses speaks to our educational quality. Furthermore, the course has received official recognition from the Royal College of Surgeons of Edinburgh, enabling participants to accrue CPD points proportionate to their participation hours.

Our course framework and curriculum are meticulously designed, ranking among the most thorough and thoughtfully structured offerings for FRCS exam candidates. Our approach is straightforward yet flexible, specifically adapted to empower each candidate to navigate their exams with confidence and ease.

The PrepMedico FRCS program is distinguished by its adaptable, learner-centric methodology. We address the unique needs of each candidate through ongoing support, bespoke additional teaching sessions as required, and individualised feedback and mentorship. This is complemented by our live chat group, which is operational throughout the course duration for doubt resolution.

Our state-of-the-art Learning Management System (LMS) offers a seamless web and mobile app-based interface, featuring a comprehensive virtual library with key resources and video recordings of all lectures. This ensures that candidates have unfettered access to essential study materials and session replays for the entire duration of the course, facilitating convenient revision.

PrepMedico's FRCS course is unparalleled in its breadth, offering in excess of 10 hours of instruction and viva practice in each specialty, all available for review anytime, anywhere.

In addition, our course features bespoke one-to-one mock viva sessions meticulously designed to mirror the actual exam format and evaluation criteria, complete with detailed feedback.





The Benefits

- Faculty for each speciality
- Weekly schedules with convenient weekend sessions
- Small groups: Maximum of 10 candidates per session
- Live online sessions and access to session recordings via our LMS and PrepMedico App
- Extensive specialty-based online library through our LMS
- Viva session-based teaching methodology
- Rapid review lectures for comprehensive topic revision
- In-depth viva practice in general and subspecialty surgery, critical care, and academics with detailed feedback
- Personalised performance monitoring and one-on-one feedback
- Additional 1-1 sessions as per candidate and mentor availability, if needed
- Private study groups with faculty for the entire 3-month period
- Mock exams mirroring actual exam schedules and marking
- CPD points awarded based on hours of participation
- 24/7 IT support

The Schedule

(Speciality Based Weekend Viva Sessions)

Week	Day	Session Name	Timings 1000-1300 (BST)	Timings 1800-2130 (BST)	CPD /session
1	Sun	Orientation		All Participants	-
2	Sat & Sun	General Surgery Viva		All Participants	3
3	Sat & Sun	Critical Care & Trauma and Emergency Surgery		All Participants	3
4	Sat & Sun	Upper GI Surgery Viva	UGI Trainees	Non UGI -Trainees	3
5	Sat & Sun	Breast Surgery Viva	Breast Trainees	Non Breast -Trainees	3
6	Sat & Sun	HPB Surgery Viva	HPB Trainees	Non HPB-Trainees	3
7	Sat & Sun	Academic Paper and Statistics		All Participants	3
8	Sat	Colorectal Surgery Viva		CR Trainees(1600-2200) Non CR-Trainees(1800-2130)	4
8	Sun	Colorectal Surgery Viva		Trainees (1600-2200) Non-Trainees (1800-2130)	4
9	Sat & Sun	Transplant & Vascular Surgery Viva	Transplant Trainees	All Participants	4
10	Sat	Endocrine Surgery Viva	Endocrine Trainees	All Participants	4
Platform: Google Meet or similar					

Note:

- CPD points will be awarded equal to the number of hours covered in each session.
- The schedule is subject to changes based on the availability of the faculty and other logistics.
- Active full attendance and completion of the individual session feedback are mandatory to issue the CPD points.
- The final schedule of the course will be shared as a live Google document one month prior to the commencement of the course.

Rapid Review Lecture Schedule

(The schedule takes place midweek)

Week	Topic	Time (BST)	CPD
1	Critical care & Emergency	1800	3
2	Trauma Surgery	1800	3
3	Oesophago gastric Surgery - I (Benign UGI & Bariatric Surgery)	1800	3
3	Oesophago gastric Surgery - II (UGI Cancers)	1800	3
4	Breast Surgery - I (All Participants)	1800	3
4	Breast Surgery - II (Breast Trainees)	1800	3
5	HPB Surgery - I (Basic science & Benign Biliary Disorders)	1800	3
5	HPB Surgery - II (Liver & Pancreas)	1800	3
6	Academic paper - I (Basic Statistical Concept)	1800	3
6	Academic paper - II (Paper Interpretation)	1800	3
7	Colorectal Surgery (Pelvic floor & Benign)	1800	3
7	Colorectal Surgery (IBD)	1800	3
7	Colorectal Surgery (Cancer)	1800	3
8	Transplant Surgery Lecture	1800	3
8	Vascular Surgery Lecture	1800	3
9	Endocrine Surgery	1800	3
10	Radiology for FRCS - I (Basics, critical care, trauma, UGI)	1800	3
10	Radiology for FRCS - II (HPB, Colorectal surgery, Endocrine & Vascular Surgery)	1800	3
11	Rapid Review of Time Tested Scenario - I	1800	3
11	Rapid Review of Time Tested Scenario - II	1800	3

Note:

The schedule is subject to changes based on the availability of the faculty and other logistics.

Active full attendance and completion of the individual session feedback are mandatory to issue the CPD points.

The final schedule of the course will be shared as a live Google document one month prior to the commencement of the course.

Mock Viva Sessions (Full-day)

Week	Day	Session Name	Time
10	Sun	Mock Viva	Full-Day Mock (09:00–21:00)
11	Sat	Mock Viva	Full-Day Mock (09:00–21:00)
11	Sun	Mock Viva	Full-Day Mock (09:00–21:00)
12	Sat	Mock Viva	Full-Day Mock (09:00–21:00)
12	Sun	Mock Viva	Full-Day Mock (09:00–21:00)

1-1 Mock Viva Schedule For Each Candidate

(Mock viva replicating the real exams with markings and feedback)

Topics	Duration
General Surgery (1 Long case + 2 short cases)	40 mins
Trauma and Critical Care (6 Short cases)	30 mins
Academic Paper and Basic Science	30 mins
Specialised Surgery (1 long case and 2 short cases)	40 mins

Course duration: 25 October 2025 – 25 January 2026

Early Bird Registration: 15 August – 14 September 2025

Standard Course Registration

Course	Participant	Observer
<div>11th FRCS course (without lectures)</div> <div>What's Included<ul style="list-style-type: none">Weekend viva sessionsDigital access via PreMedico app (includes viva recordings and reference library)</div>	£1,250	£850
<div>11th FRCS course (with lectures)</div> <div>What's Included<ul style="list-style-type: none">Weekend viva sessions18 Rapid Review LecturesDigital access via PreMedico app (includes viva and lecture recordings, and reference library)</div>	<div>£1,650 (Regular price)</div> <div>Early Bird Offer: 5% off until Sept 14 Use code <i>FRCS11</i></div>	£1,250
<div>Lecture Alone Registration</div> <div>What's Included<ul style="list-style-type: none">Active participation in ~20 live lecturesAccess to recordings of these lectures + SBA q bank for three monthsEach lecture runs for 3-4 hoursSessions are delivered over a period of three months</div>	£850	

Note:

All the quoted prices in the table include payment gateway charges and appropriate taxes.
Contact us to inquire about the 2-part payment option.

Observer Vs Participant

Course	Participant	Observer
Active viva participation	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Telegram academic study group access	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Access to digital library and session recordings	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mock exams	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Observing live sessions	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Total spots:
32 participants
and 30 observers



Don't need a full course bundle? Here's what you can register for

Registration for individual lectures (No access to the recordings)	£75 per lecture
Registration for a weekend session (Saturday and sunday) Participant (No access to the recordings)	£200
Registration for a weekend session (Saturday and sunday) Observer (No access to the recordings)	£120
Registration for full mock exam alone	£200
Registration for e-library subscription (for 3 months) (Digital library + Viva recordings)	£499
Registration for e-library subscription (for 3 months) (Digital library + Viva recordings + Lecture recordings)	£799
Registration for e-library subscription (for 3 months) (Lecture recordings)	£499

An Inside Look at Your Learning Journey with PrepMedico

This course isn't just a series of weekend sessions — it's a carefully curated academic journey that demands structured commitment and delivers unmatched depth. Across each module, we ensure time is meaningfully invested where it matters most.

The breakdown below is based on actual teaching hours from our 10th FRCS (JCIE/JSCFE) General Surgery Section 2 course, and offers a clear picture of the time spent across each specialty. It highlights the comprehensive nature of the programme and the consistent value delivered in every session – giving you a realistic sense of what to expect from the upcoming edition.

Total cumulative hours spent on viva and teaching in the 10th FRCS (JCIE/JSCFE) Section 2 course from 14 Jun 2025 – 24 Aug 2025

Topics	Duration(Hrs)
General Surgery	19:57
Critical Care and Emergency	21:44
Breast Surgery	25:12
HPB Surgery	22:19
Transplant Surgery	07:30
Vascular Surgery	08:05
Endocrine Surgery	03:25
Colorectal Surgery	48:34
Upper GI Surgery	32:19
Rapid Review Lectures	66:26
Mock Viva	88:10

What They Say

Feedback from candidates of 9th FRCS Section
(JCIE/JSCFE) Section 2 exam courses.

Amit Dashore

Participant of 9th FRCS Section 2 exam

“Easily and step wise explained.
All relevant topics covered.”

Yousif Adam

Participant of 9th FRCS Section 2 exam

“Magnificent lecture, well prepared
and conducted. Thanks a lot”

Maki Jitsumura

Participant of 9th FRCS Section 2 exam

“Fantastic concise lectures covering topics which would be likely to come up in the viva. What I really liked about his lecture was he put common questions to be asked at viva and went over the topics and controversy around the topic.

He didn't repeat himself multiple times and get to the points. Very great, good volume of lecture. I really enjoyed it and learnt a lot. Thank you!”

Piyasiri Herath

Participant of 9th FRCS Section 2 exam

“Excellent lecture which is interactive
and resolved my most questions.
Thank you very much.”

Marina Verebcean

Participant of 9th FRCS Section 2 exam

“Thank you, it helped to structure my thoughts
on upper GI pathology topics and helped to
identify areas I need to revise”

Shuker Yahia

Participant of 9th FRCS Section 2 exam

"I sincerely appreciate your impressive
explanation of such a difficult subject. Your
ability to break down complex concepts into
understandable insights made the lecture
highly engaging and informative. Thank you
for your clarity and expertise!"

Mahmoud gebril

Participant of 9th FRCS Section 2 exam

“Summary of the 1st lecture was amazing.
Time management is ideal, I enjoyed this
lecture even with hardness of the content”

More testimonials on YouTube  [linke.to/8bNOfd](https://linktr.ee/8bNOfd)

What They Say

Feedback from candidates of 8th FRCS Section
(JCIE/JSCFE) Section 2 exam courses.

Vishal Parmar

Participant of 8th FRCS Section 2 exam

“Clear and concise discussions and with ample of scenarios.”

Rami Benhmida

Participant of 8th FRCS Section 2 exam

“Everything, very good presentation and clear slides.”

Amina Omer

Participant of 8th FRCS Section 2 exam

"No gap is left, I feel we are the luckiest group to have Mr Mina with us, not only he is knowledgeable and talented in teaching and nicely giving out the information but also, he is keen to give us his maximum and to touch each and every topic that we might face in the exam, this is really appreciated. Many thanks Mr Mina, what goes around comes around, I'm sure you will have all what you give us back to you in your career and life. Thanks again."

Yousif Salem

Participant of 8th FRCS Section 2 exam

"The faculty has filled all the knowledge gaps we had and taught us how to verbalize the evidence behind every knowledge we have."

Sara Jamel

Participant of 8th FRCS Section 2 exam

“Very focused feedback and explanation.”

Ahmed Taha

Participant of 8th FRCS Section 2 exam

“Very useful discussion and explanations of important aspects of papers, with very nice selection and varieties of papers and styles. Nothing to say except, thank you, Mr Mani.”

Muhammad Osman

Participant of 8th FRCS Section 2 exam

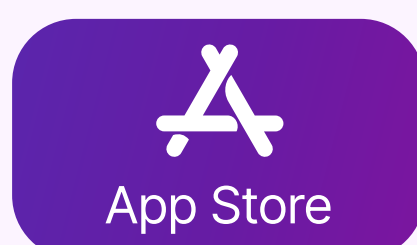
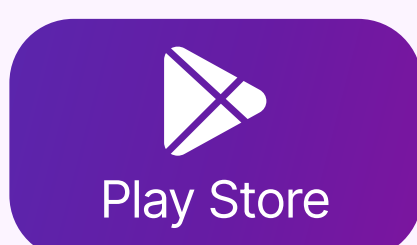
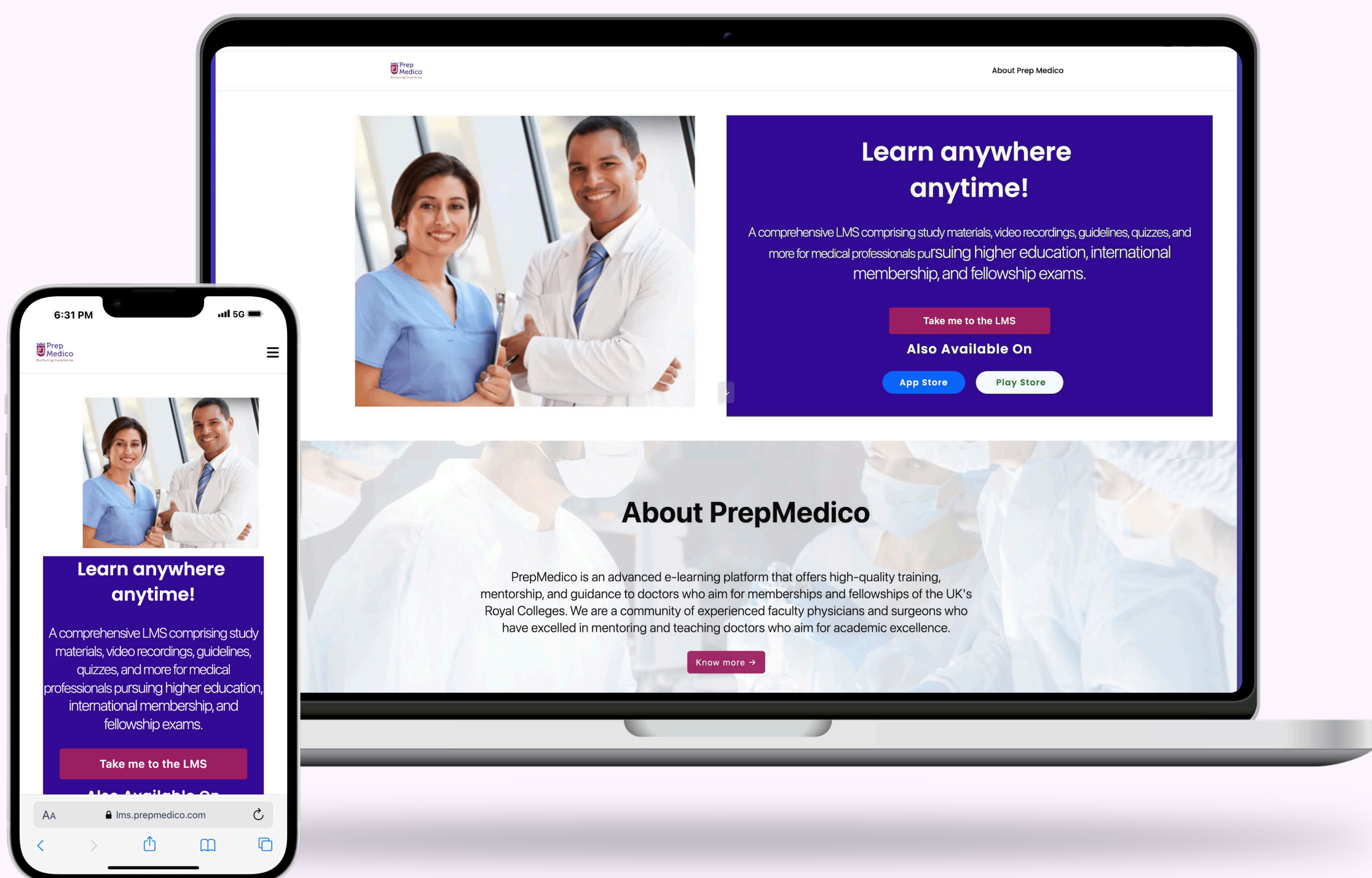
“It was all very interesting, excellent sessions. I can already see improvements in myself. Thanks to the team.”

More testimonials on YouTube  [linke.to/8bNOfd](https://www.youtube.com/watch?v=linke.to/8bNOfd)

Introducing our exclusive LMS for FRCS exam preparation

Our LMS offers a flexible, immersive educational experience, enabling candidates to access resources anytime, anywhere, and learn at their own pace.

Get access to 250+ hrs of course recordings, video lectures, quizzes, study materials, and more.





General Instructions

- The camera should be 'on' in most instances during teaching sessions to keep the session engaging and lively
- Candidates should use their registered names as their profile names when joining the meeting
- CPD points will be provided based on your attendance and active participation in the weekly sessions
- CPD points will be awarded only after receiving completed feedback forms after each session
- Revise critical points in history, staging/classification, and management as appropriate before the weekend session
- Be proactive and conscious of your allocated time, so that everyone gets a fair chance
- Our LMS academic contents and video recordings are copyright protected and under constant surveillance. Any attempt of screenshot and screen recordings will be identified and the access will be revoked without prior intimation




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