



3rd PrepMedico FRCS – VASC Section 2 Viva course

Nov 2025 Exam Batch

Suitable for Section 2 FRCS vascular candidates and Section 1 candidates as observers

Dates: 31/08/2025 – 19/10/2025 | **Model:** Virtual

Introduction

After nine successful editions of the FRCS General Surgery Course and two Vascular Surgery VIVA Course, we are excited to introduce our next venture, the **3rd PrepMedico FRCS-VASC Section 2 VIVA Course** – a unique mentorship program and the first of its kind in the UK.

This is a **6-week comprehensive mentorship program**, offering in-depth guidance and tailored support for candidates preparing for the **Nov 2025 FRCS Section 2 Vascular Exam**. Designed to provide all you need for success with ease, this course goes beyond conventional preparation methods to deliver unparalleled value and insight.

Delivered by a team of mentors who have consistently achieved outstanding results over the past four years—including consecutive gold medal winners—this course is modelled after the **ASPIRE 7 program (Preparation for FRCS VASC)** offered by the Vascular Society of the UK. However, it is enhanced to include **extended benefits and additional features**, ensuring an even more effective preparation experience.

The course encompasses all key concepts, oral examination techniques, advanced knowledge areas, and essential strategies for effective time management. It is meticulously structured to deepen participants' understanding and equip them to tackle the exam with confidence and precision.

Join us for a transformative journey towards achieving success in your Section 2 FRCS Vascular Surgery exams.

Who Is It For

- Specifically designed for Section 2 FRCS vascular candidates preparing for the Nov 2025 exam
- Future Section 2 candidates and Section 1 candidates would benefit by joining as observers

Participants: 8

Observers: Any number



Faculty Team



Mr Ankur Thapar

FRCS, FEBVS (Gold Medal), PGCE, PhD, FHEA
Global PAD Award 2025, Consultant Vascular Surgeon,
Senior Research Fellow, Anglia Ruskin University,
Mid and South Essex NHS Foundation Trust



Mr Shanka Benaragama

MBBS, MS, MRCS (Glasg), FRCS (Vascular)
Consultant Vascular and Endovascular Surgeon,
Honorary Associate Professor, UCL Medical School
Royal Free London NHS Foundation Trust

Why Should You Choose A PrepMedico Course ?

At PrepMedico, we pride ourselves on our accomplished faculty team, which has cultivated a standard of excellence across various specialties in recent years. Their profound expertise, unwavering commitment, and exceptional mentoring abilities are noteworthy. Our team's track record of consistently high success rates in prior courses speaks to our educational quality.

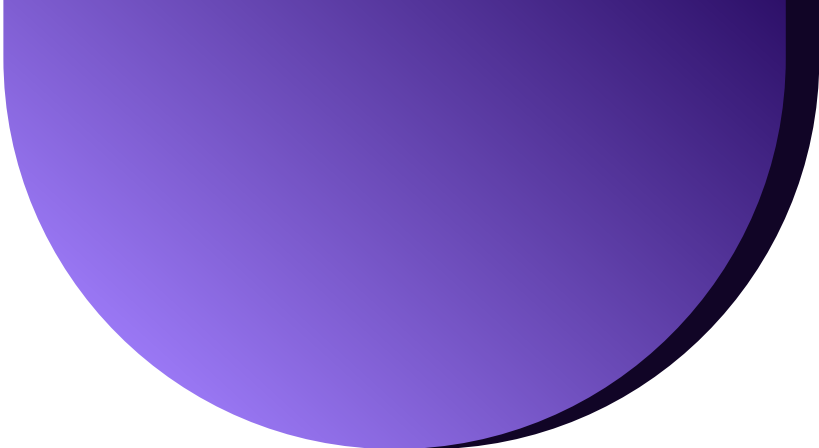
Our course framework and curriculum are meticulously designed, ranking among the most thorough and thoughtfully structured offerings for FRCS exam candidates. Our approach is straightforward yet flexible, specifically adapted to empower each candidate to navigate their exams with confidence and ease.

The PrepMedico FRCS program is distinguished by its adaptable, learner-centric methodology. We address the unique needs of each candidate through ongoing support, bespoke additional teaching sessions as required, and individualized feedback and mentorship. This is complemented by our live chat group, which is operational throughout the course duration for doubt resolution.

Our state-of-the-art Learning Management System (LMS) offers a seamless web and mobile app-based interface, featuring a comprehensive virtual library with key resources and video recordings of the entire course. This ensures that candidates have unfettered access to essential study materials and session replays for the entire duration of the course, facilitating convenient revision.

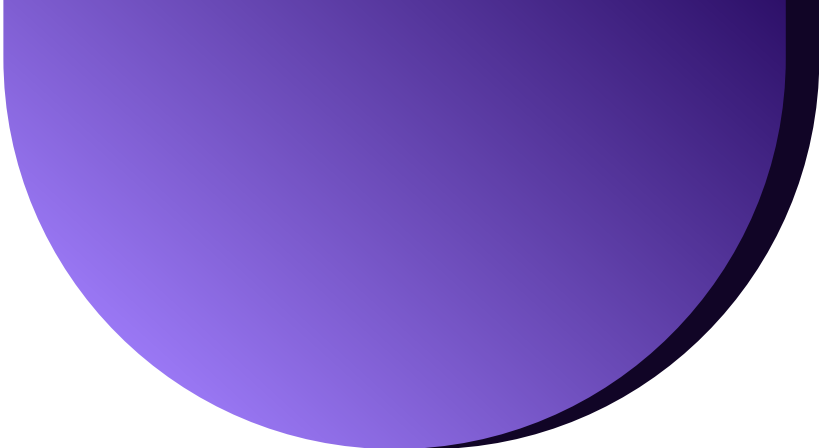
In addition, our course features bespoke one-to-one mock viva sessions meticulously designed to mirror the actual exam format and evaluation criteria, complete with detailed feedback.





The Schedule

Date	Topic	Time
31/08/2025 (Sunday)	Orientation	1000 - 1100
31/08/2025 (Sunday)	Aorta	1800 - 2030
07/09/2025 (Sunday)	Endovascular	1800 - 2030
14/09/2025 (Sunday)	Miscellaneous	1800 - 2030
21/09/2025 (Sunday)	Lower Limb	1800 - 2030
28/09/2025 (Sunday)	Critical care, trauma and peri-op	1800 - 2030
12/10/2025 (Sunday)	Academic paper	1800 - 2030
19/10/2025 (Sunday)	Mock Viva	1000 - 2030



Mock Viva Schedule

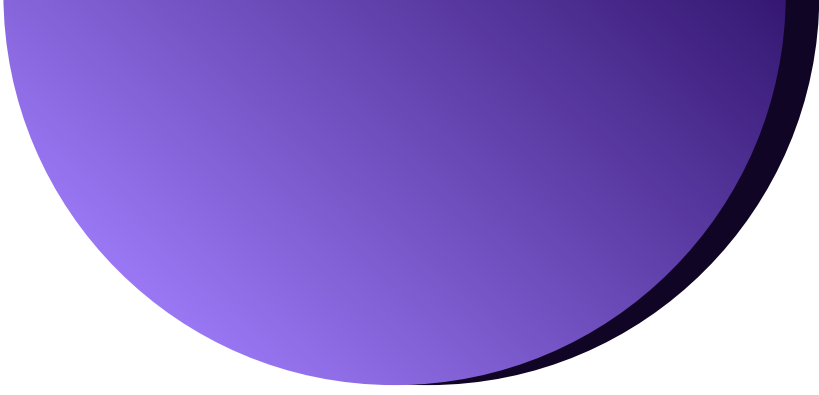
0800 - E-meet room opens
0845 - Candidates check-in & briefing
CIRCUIT 1
0900 - Aorta
0940 - Lower Limb
1020 - Endovascular
1100-1120 - Break
CIRCUIT 2
1130 - Miscellaneous
1210 - Trauma / peri-op / critical care
1250 - Basic principles and Academic paper
1330 - Debrief and feedback

Note: During entire period of circuits, there will be 4 break out rooms with 2 participants in each room with a faculty



The Benefits

- Fully online course for candidates to join from home
- A viva-based course designed to mimic the actual exam
- Study materials and resources provided from the day of registration until the day of the exams, through the dedicated PrepMedico app
- All sessions will be recorded and available for review until the day of the exams, also through the app
- An option to extend access to recorded materials for observers for future exams if needed
- Small groups with only 8 participants at max
- Personalised performance monitoring and 1-1 feedback
- A course completion certificate
- 24/7 IT support



Instructions for Participants:

- Assume it's the actual exam and come fully prepared
- During the VIVA session of a particular participant, other participants are requested not to interrupt the flow
- Focus on key areas vital for the FRCS exams
- Express higher-order knowledge with excellent communication skills
- Avoid giving overly long answers
- Demonstrate logical thinking
- Provide an appropriate opening sentence before each scenario
- Add relevant evidence to your responses wherever possible
- Interpret images logically and sequentially
- Ensure the conversation resembles a discussion between consultant colleagues

Instructions for Observers:

- Kindly refrain from interrupting the live sessions
- You may ask questions when appropriate after the session



General Instructions

- The camera should be 'on' in most instances during teaching sessions to keep the session engaging and lively
- Candidates should use their registered full names as their profile names when joining the meeting
- Be proactive and conscious of your allocated time, so that everyone gets a fair chance
- Our LMS academic contents and video recordings are copyright protected and under constant surveillance. Any attempt of screenshot and screen recordings will be identified and the access will be revoked without prior intimation

Registration fee

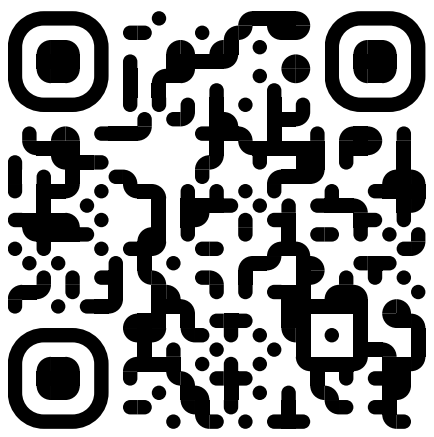
Full course	Price	What's included
Participants	£550	Active participation in the viva, access to essential study materials, and recordings of all the sessions until the day of the exam
Observers	£300	Observing the live sessions and access to recordings of the session for 3 months

Mock Viva only	Price	What's included
Participants	£300	Active participation in the mock viva, access to essential study materials, and recordings of the 19/10/2025 sessions until the day of the exam
Observers	£175	Observing the live sessions and access to recordings of the session for 3 months

Individual weekend viva sessions	Price	What's included
Participants	£75	Active participation in the viva, access to recordings of the individual registered sessions until the day of the exam
Observers	£40	Observing the live sessions and access to recordings of the session for 3 months

 Library Subscription: £200 (all the sessions of the course) x 3months

 Early Bird Registration (25 June – 20 July, 2025): Get 5% off by enrolling early



Scan to Register



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