



**Prep[™]
Medico**
Nurturing Excellence



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FRCS (JCIE / JSCFE) General Surgery Section 2 Course

JCIE and JSCFE Section 2 exams

Suitable for Section 1 candidates as observers

Duration: 3 Months | Model: Virtual



Accredited by
**THE ROYAL
COLLEGE OF
SURGEONS
OF EDINBURGH**



**Official Higher Surgical
Education Partner**



What You Can Expect

Welcome to our FRCS (JCIE/JSCFE) General Surgery Section 2 course. This isn't just another standard course; it's an exclusive, focused three-month mentorship program that stands out as the only one of its kind for candidates preparing for the Section 2 FRCS exams.

After many successful editions, we've refined our approach to offer an even more comprehensive experience.

Our program covers all the essentials: in-depth knowledge areas, viva techniques, effective time management strategies, and real-life mock exams. We're committed to ensuring that our candidates are not just prepared, but exceptionally so, instilling confidence and ease in approaching the exam.

Praised for its depth, organisation, and the remarkable success rate of past attendees, our program is a testament to top-notch quality. As a further mark of excellence, this course is accredited by the Royal College of Surgeons of Edinburgh, ensuring that you're receiving a level of education recognised for its high standards.

Join us for a transformative journey towards achieving success in your Section 2 FRCS exams.

Who Is It For

- Specifically designed for candidates preparing for the JCIE and JSCFE Section 2 exams
- Ideal for International FRCS General Surgery candidates targeting Section 2 exams
- Section 1 candidates are also welcome as observers, providing them an excellent opportunity to build foundational knowledge crucial for their exams



Faculty Team



Mr Manikandan Kathirvel

MBBS, MS, MRCS,
M.Ch (GI) - Gold medalist, MFSTEd,
FRCS, CESR/CCT - HPB & LT
Program Director - PrepMedico
Consultant - HPB and Transplant Surgeon



Mr Mina Girgis

FRCS (Breast), FEBS (Breast)
Associate Program Director, PrepMedico
Breast Surgeon



Professor Chetan Parmar

MS, DNB, PGDHHM, PGDMLS,
NDDY, FRCS, FIFSO
Professor of Surgery - University College London
Consultant Bariatric and General Surgeon



Mr Ammar Al Midani

FRCS
Consultant Kidney Transplant surgeon



Mr Manoj Thillai

MBBS, MS, MRCS, M.Ch (GI), FRCS,
CESR/CCT - HPB & LT
Consultant Liver Transplant Surgeon



Mr Natarajan Angamuthu

MBBS, DNB, M.N.A.M.S, FRCS(Glasgow),
MBA, FRCS, CESR/CCT
Consultant Colorectal Surgeon



Mr Guhan Venkatakrishnan

MBBS, MS, MRCS, M.Ch(GI), FRCS
Consultant - General, HPB and Liver
Transplant Surgeon



Mr Akshay Bavikatte

MBBS, MS, MCh, FRCSEd,
SLP fellow Harvard
Consultant Colorectal Surgeon



Mr Karim Elsayeh

MBBCh, MSc, MRCS, FRCS
Consultant Colorectal Surgeon



Mr Murali Somasundaram

BSc, MBBS, MRCS, DPhil, FRCS
Consultant - General and HPB Surgeon



Mr Saravanan Balakrishnan

MBBS, DNB, MRCS, FRCS and
PG Diploma in Medical Education
Colorectal Surgeon



Ms. Mahua Chakrabarti

BSc(Med Sci) MBChB (Glasgow University)
FRCS, PG Cert Med Ed
Consultant General and Colorectal Surgeon,
Honorary Clinical Lecturer Glasgow University



Mr Sharib Khan

MBBS, MRCS, PGCERT, FRCS
Consultant Upper GI Surgeon



Mr Mario Metry

MBBCH, MRCS, FRCS
Consultant Colorectal Surgeon



Mr Ambareesh Samant

MBBS, DNB, MNAMS, FRCSEd
Colorectal Surgeon



Mr Mohamed Salama

MBBCH, MRCS, MSc, FRCS
Consultant UGI and Bariatric Surgeon



Mr Mohammed Elnaghi

MSc ChM (General Surgery) FRCS
Colorectal Surgeon



Mr Rashid Murtaza

MS, FRCS
Colorectal Surgeon



Mr Firas Ayoub

MBBS, MRCS, MCh, MSc, FRCS
Consultant Colorectal Surgeon



Mr Mazin Hamed

MBBS, AFHEA, MFSTEd, PhD, FRCS
Consultant Colorectal Surgeon



Mr Karim Jamal

MBBS, BSc(Hons), FRCS(Eng), PGDip
Consultant General and Endocrine Surgeon



Ms Rachel B Taute

BChD, MBChB, MFDS, MRCS, FRCS
UGI Surgeon



Mr Salman Rana

FRCS
Consultant Colorectal Surgeon



Mr Benedict Phillips

MBBS, MRCS, HSMDip, MChsS, FRCS
Consultant Transplant Surgeon



Mr Mohamed Albagir

MBBS, MRCS, HSMDip, MChsS, FRCS
UGI Surgeon



Ms Pam Chaichanavichkij

MBChB PhD FRCS
Consultant General and Colorectal Surgeon



Mr Alaa Abdelsalem

FRCS
Endocrine Surgeon



Mr Gnananandan Janakan

FRCS
Consultant, Trauma and Colorectal Surgeon



Mr Majd Alobied

FRCS, PhD
Senior clinical fellow - HPB Surgery



Ms Nazia Ishaque

MBBS, FCPS, FACS, FRCS, FEBS, MCh.
Breast Surgeon

Faculty Team



Mr Manish Ahuja
MBBS, DNB, FACS, FRCS
Senior Clinical fellow- HPB Surgery



Mr Ioannis Tournas
FRCS
Senior fellow - UGI and Bariatric Surgery



Ms. Hafsa Younus
MBBS, MRCS, MSc, FRCS
Post CCT Fellow UGI and Bariatric Surgeon



Mr. Deepak Vijayan
MD, FRCS
Consultant Colorectal Surgeon



Mr Mohit Bhatia
MBBS, MS (Gen Surg),
MRCS (Glasg), FRCS (Eng)
Colorectal Surgeon



Mr Mostafa Mahran
MBChB, MSc, M.D, FRCS
Consultant UGI and bariatric Surgeon



Mr Muhammad Ihtesham
MBBS, FCPS, MRCS, FRCS
Colorectal surgery fellow



Mr Mahmoud Motawea
MSc General Surgery, FRCS
Senior clinical fellow - Colorectal surgery



Mr Gaurav Maheshwari
MBBS, MS, DNB(SGE, Gold Medalist),
MRCS, FRCS
UGI Surgeon



Mr Michael White
BSc(Hons), BM, DPhil, FRCS
ST8 in Oesophagogastric surgery



Mr Adarsh Shah
MBBS, BSc, MEd, PhD, FRCS
ST8 General and Colorectal Surgery



Mr Hussain Abbas
FRCS
Post CCT Fellow - HPB Surgery



Ms Lisa A. Sheehan
MBBS, BSc (Hons), FRCS
Consultant Oncoplastic Breast Surgeon



Ms Natalie G Johnson
BMedSci, MB.BS, FRCS (Eng), FEBS, PhD
Consultant Breast Surgeon



Mr Yugal Limbu
FRCS
Senior Clinical Fellow -
HPB and Liver Transplant surgery

Why Should You Choose A PrepMedico Course?

At PrepMedico, we pride ourselves on our accomplished faculty team, which has cultivated a standard of excellence across various specialties in recent years. Their profound expertise, unwavering commitment, and exceptional mentoring abilities are noteworthy. Our team's track record of consistently high success rates in prior courses speaks to our educational quality. Furthermore, the course has received official recognition from the Royal College of Surgeons of Edinburgh, enabling participants to accrue CPD points proportionate to their participation hours.

Our course framework and curriculum are meticulously designed, ranking among the most thorough and thoughtfully structured offerings for FRCS exam candidates. Our approach is straightforward yet flexible, specifically adapted to empower each candidate to navigate their exams with confidence and ease.

The PrepMedico FRCS program is distinguished by its adaptable, learner-centric methodology. We address the unique needs of each candidate through ongoing support, bespoke additional teaching sessions as required, and individualised feedback and mentorship. This is complemented by our live chat group, which is operational throughout the course duration for doubt resolution.

Our state-of-the-art Learning Management System (LMS) offers a seamless web and mobile app-based interface, featuring a comprehensive virtual library with key resources and video recordings of all lectures. This ensures that candidates have unfettered access to essential study materials and session replays for the entire duration of the course, facilitating convenient revision.

PrepMedico's FRCS course is unparalleled in its breadth, offering in excess of 10 hours of instruction and viva practice in each specialty, all available for review anytime, anywhere.

In addition, our course features bespoke one-to-one mock viva sessions meticulously designed to mirror the actual exam format and evaluation criteria, complete with detailed feedback.





The Benefits

- Faculty for each speciality
- Weekly schedules with convenient weekend sessions
- Small groups: Maximum of 10 candidates per session
- Live online sessions and access to session recordings via our LMS and PrepMedico App
- Extensive specialty-based online library through our LMS
- All sessions will be delivered through Prepmedico Hub and candidates have access to real time progress and feedback of their performance
- Viva session-based teaching methodology
- Rapid review lectures for comprehensive topic revision
- In-depth viva practice in general and subspecialty surgery, critical care, and academics with detailed feedback
- Personalised performance monitoring and one-on-one feedback
- Additional 1-1 sessions as per candidate and mentor availability, if needed
- Private study groups with faculty for the entire 3-month period
- Mock exams mirroring actual exam schedules and marking
- CPD points awarded based on hours of participation
- 24/7 IT support

The Schedule (Speciality Based Weekend Viva Sessions)

Week	Day	Session Name	Timings 1000-1300 (BST/GMT)	Timings 1800-2130 (BST/GMT)	CPD /session
1	Sat	Introduction & Orientation	All Participants		-
1	Sat & Sun	General Surgery Viva		All Participants	3
2	Sat & Sun	Breast Surgery Viva	Breast Trainees	Non Breast -Trainees	3
3	Sat & Sun	Critical Care & Trauma and Emergency Surgery		All Participants	3
4	Sat & Sun	Transplant & Vascular Surgery Viva	Transplant Trainees	All Participants	4
5	Sat & Sun	Colorectal Surgery Viva		All Participants	4
6	Sat & Sun	Academic Paper and Statistics		All Participants	3
7	Sat & Sun	HPB Surgery Viva	HPB Trainees	Non HPB-Trainees	3
8	Sat & Sun	UGI Surgery Viva	UGI Trainees	Non UGI-Trainees	3
9	Sat	Endocrine Surgery Viva	Endocrine Trainees	All Participants	4

Platform: Google Meet or similar

Note:

CPD points will be awarded equal to the number of hours covered in each session.

The schedule is subject to changes based on the availability of the faculty and other logistics.

Active full attendance and completion of the individual session feedback are mandatory to issue the CPD points.

The final schedule of the course will be shared as a live Google document one month prior to the commencement of the course.

Rapid Review Lecture Schedule

(The schedule takes place midweek)

Week	Topic	Time (BST/GMT)	CPD
2	Breast Lecture - I	1800	3
2	Breast Lecture - II	1800	3
3	Critical care and Emergency Surgery	1800	3
3	Trauma Surgery	1800	3
4	Transplant Surgery	1800	3
4	Vascular Surgery	1800	3
5	Colorectal Surgery - Pelvic Floor	1800	3
5	Colorectal cancer	1800	3
5	Benign Colorectal Surgery	1800	3
5	Colorectal Surgery - IBD	1800	3
6	Statistical concepts for FRCS exams	1800	3
6	Academic paper Interpretation - Demo	1800	3
7	HPB Surgery - I (Basic science & Benign Biliary Disorders)	1800	3
7	HPB Surgery - II (Liver & Pancreas)	1800	3
7	HPB Surgery - III (Pancreas & Miscellaneous)	1800	3
8	Oesophago Gastric Surgery - I (Bariatric Surgery)	1800	3
8	Oesophago gastric Surgery - II (Benign UGI)	1800	3
8	Oesophago gastric Surgery - III (UGI Cancers)	1800	3
9	Radiology for FRCS - I (Basics, critical care, trauma, UGI)	1800	3
9	Radiology for FRCS - II (HPB, Colorectal, Endocrine & Vascular Surgery)	1800	3
9	Radiology for FRCS III (Colorectal surgery, Endocrine & Vascular Surgery)	1800	3
10	Endocrine Surgery	1800	3

Note:

The schedule is subject to changes based on the availability of the faculty and other logistics.

Active full attendance and completion of the individual session feedback are mandatory to issue the CPD points.

The final schedule of the course will be shared as a live Google document one month prior to the commencement of the course.

Mock Viva Sessions (Full-day)

Week	Day	Session Name	Time (BST/GMT)
10	Sun	Mock Viva	Full-Day Mock (09:00-21:00)
11	Sat	Mock Viva	Full-Day Mock (09:00-21:00)
11	Sun	Mock Viva	Full-Day Mock (09:00-21:00)
12	Sat	Mock Viva	Full-Day Mock (09:00-21:00)
12	Sun	Mock Viva	Full-Day Mock (09:00-21:00)

1-1 Mock Viva Schedule For Each Candidate

(Mock viva replicating the real exams with markings and feedback)

Topics	Duration
General Surgery (1 Long case + 2 short cases)	40 mins
Trauma and Critical Care (6 Short cases)	30 mins
Academic Paper and Basic Science	30 mins
Specialised Surgery (1 long case and 2 short cases)	40 mins

Standard Course Registration

Course	Participant	Observer
FRCS course (without lectures) What's Included <ul style="list-style-type: none"> Weekend viva sessions Digital access via PreMedico app (includes viva recordings and reference library) 	£1,250	£850
FRCS course (with lectures) What's Included <ul style="list-style-type: none"> Weekend viva sessions 18 Rapid Review Lectures Digital access via PreMedico app (includes viva and lecture recordings, and reference library) 	£1,650	£1,250
Lecture Alone Registration What's Included <ul style="list-style-type: none"> Active participation in ~20 live lectures Access to recordings of these lectures + SBA q bank for three months Each lecture runs for 3-4 hours Sessions are delivered over a period of three months 	£850	

Note:

- All the quoted prices in the table include payment gateway charges and appropriate taxes.
- Registration applies exclusively to the current course and cannot be transferred to a future course.
- Contact us to inquire about the 2-part payment option.

ASiT Member Benefits

Active ASiT members receive priority early-bird registration for all PrepMedico courses, along with a 10% discount on course fees. The same 10% discount applies to all digital library modules. (ASiT membership will be verified.)

Observer Vs Participant

Course	Participant	Observer
Active viva participation	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Telegram academic study group access	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Access to digital library and session recordings	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mock exams	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Observing live sessions	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Total spots:
40 participants
and 30 observers



Don't need a full course bundle? Here's what you can register for

Registration for individual lectures (No access to the recordings)	£75 per lecture
Registration for a weekend session (Saturday and Sunday) Participant (No access to the recordings)	£200
Registration for a weekend session (Saturday and Sunday) Observer (No access to the recordings)	£120
Registration for full mock exam alone	£200
Registration for e-library subscription (for 3 months) (Digital library + Viva recordings)	£499
Registration for e-library subscription (for 3 months) (Digital library + Viva recordings + Lecture recordings)	£799
Registration for e-library subscription (for 3 months) (Lecture recordings)	£499

An Inside Look at Your Learning Journey with PrepMedico

This course isn't just a series of weekend sessions — it's a carefully curated academic journey that demands structured commitment and delivers unmatched depth. Across each module, we ensure time is meaningfully invested where it matters most.

The breakdown below is based on actual teaching hours from our recent FRCS (JCIE/JSCFE) General Surgery Section 2 course, and offers a clear picture of the time spent across each specialty. It highlights the comprehensive nature of the programme and the consistent value delivered in every session - giving you a realistic sense of what to expect from the upcoming edition.

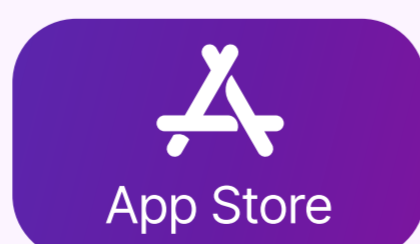
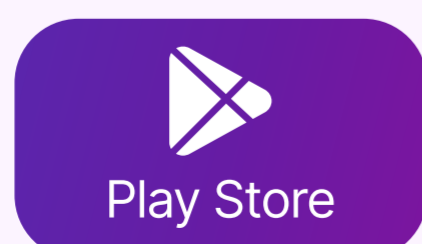
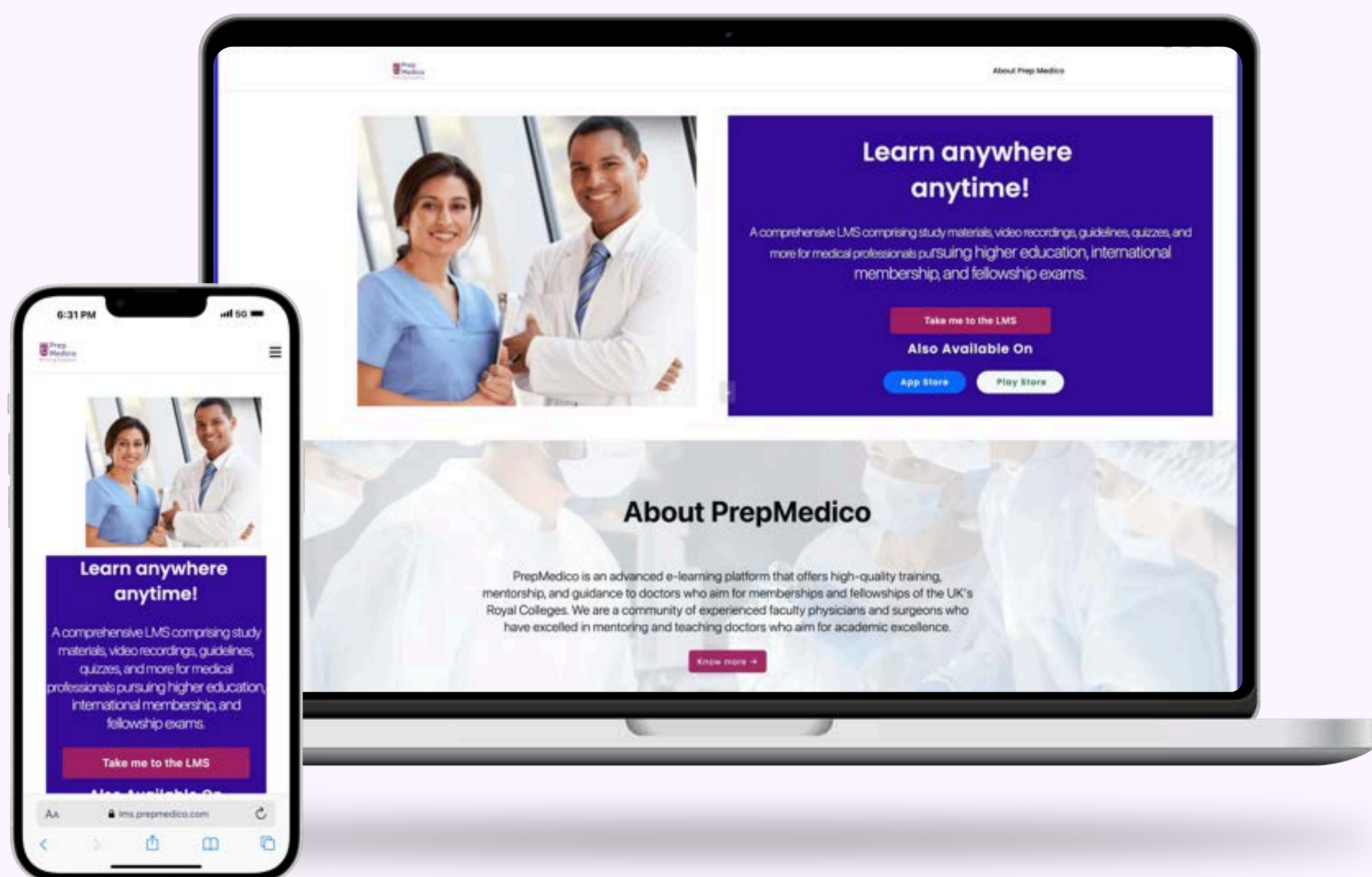
An approximate measure of total hours invested in viva and teaching throughout the recent FRCS (JCIE/JSCFE) Section 2 course

Topics	Duration(Hrs)
General Surgery	31:26
Breast Surgery	37:05
Critical Care and Emergency	29:42
Colorectal Surgery	51:31
UGI Surgery	49:41
Transplant Surgery	19:42
Vascular Surgery	13:31
HPB Surgery	36:39
Endocrine Surgery	07:08
Academic	21:23
5 mins Viva	24:21
Mock Viva	88:40
Rapid Review Lectures	74:09

Introducing our exclusive LMS for FRCS exam preparation

Our LMS offers a flexible, immersive educational experience, enabling candidates to access resources anytime, anywhere, and learn at their own pace.

Get access to 250+ hrs of course recordings, video lectures, quizzes, study materials, and more.





General Instructions

- The camera should be 'on' in most instances during teaching sessions to keep the session engaging and lively
- Candidates should use their registered names as their profile names when joining the meeting
- CPD points will be provided based on your attendance and active participation in the weekly sessions
- CPD points will be awarded only after receiving completed feedback forms after each session
- Revise critical points in history, staging/classification, and management as appropriate before the weekend session
- Be proactive and conscious of your allocated time, so that everyone gets a fair chance
- Our LMS academic contents and video recordings are copyright protected and under constant surveillance. Any attempt of screenshot and screen recordings will be identified and the access will be revoked without prior intimation

What They Say

Feedback from candidates of 10th FRCS Section
(JCIE/JSCFE) Section 2 exam courses.

Muhammad Ihtesham

Participant of 10th FRCS Section 2 exam

“Highly useful course in terms of breadth of knowledge, curriculum, viva techniques, identifying strengths and weaknesses and how to overcome weaknesses and most importantly viva based practices of difficult scenarios. I would definitely recommend attending this course to someone appearing in FRCS part 2.”

Mahmood Wani

Participant of 10th FRCS Section 2 exam

“I think this course is a must especially for international candidates.”

Osamah Karamallah

Participant of 10th FRCS Section 2 exam

“The course was very organised, informative, and full of knowledge. I will recommend the course to all of my colleagues who will prepare for the exam in the future. No words can explain my appreciation. Thank you so much.”

Gaurav Maheshwari

Participant of 10th FRCS Section 2 exam

“Amazing course not only for exams but a holistic development as a surgeon. Really appreciate the efforts of whole team”

Abdul Basir khaskheli

Participant of 10th FRCS Section 2 exam

“Overall, it was a great experience to attend this course. It helped us to understand the exam and gain enough knowledge to appear in the FRCS. In addition, it gave us the confidence to speak in front of many viewers. Thanks to the whole faculty, Mr. Mani, and the people who worked in the background.”

More testimonials on YouTube  [linke.to/8bNOfd](https://www.youtube.com/watch?v=linke.to/8bNOfd)

What They Say

Feedback from candidates of 9th FRCS Section
(JCIE/JSCFE) Section 2 exam courses.

Maki Jitsumura

Participant of 9th FRCS Section 2 exam

“Fantastic concise lectures covering topics which would be likely to come up in the viva. What I really liked about his lecture was he put common questions to be asked at viva and went over the topics and controversy around the topic.

He didn't repeat himself multiple times and get to the points. Very great, good volume of lecture. I really enjoyed it and learnt a lot. Thank you!”

Piyasiri Herath

Participant of 9th FRCS Section 2 exam

“Excellent lecture which is interactive and resolved my most questions. Thank you very much.”

Marina Verebcean

Participant of 9th FRCS Section 2 exam

“Thank you, it helped to structure my thoughts on upper GI pathology topics and helped to identify areas I need to revise”

Shuker Yahia

Participant of 9th FRCS Section 2 exam

"I sincerely appreciate your impressive explanation of such a difficult subject. Your ability to break down complex concepts into understandable insights made the lecture highly engaging and informative. Thank you for your clarity and expertise!"

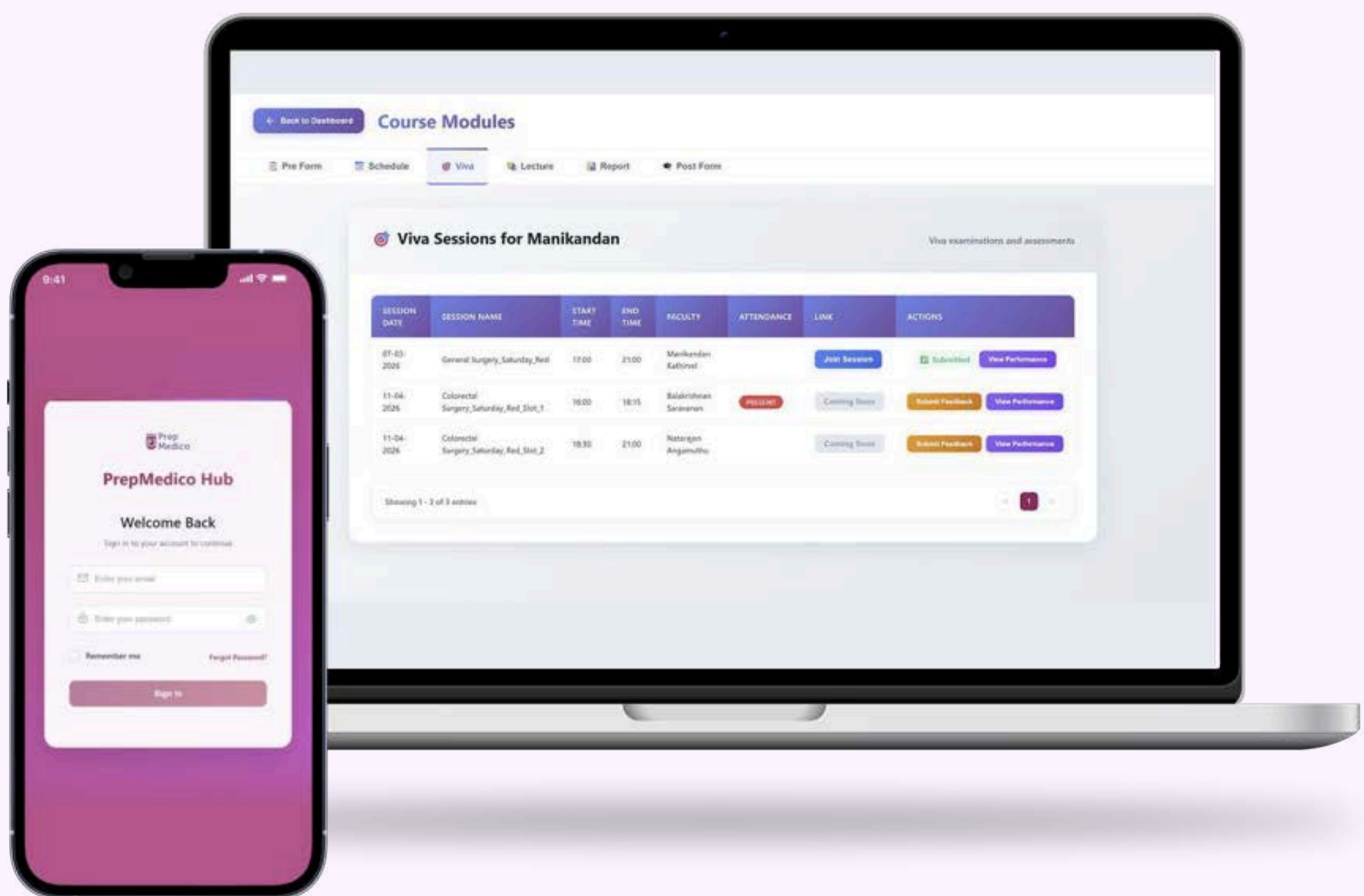
Mahmoud gebril

Participant of 9th FRCS Section 2 exam

“Summary of the 1st lecture was amazing. Time management is ideal, I enjoyed this lecture even with hardness of the content”

More testimonials on YouTube  [linke.to/8bNOfd](https://www.youtube.com/watch?v=8bNOfd)

PrepMedico Hub



- All sessions, materials, and communication in one place
- Track viva performance and progress in real time
- Easy access to faculty for one-to-one guidance
- Structured, seamless prep aligned with FRCS exams




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